Leadership — Using technology when leading an activity
SECONDARY KEY STAGE 4 PE /// STUDENT LEADERSHIP

Content outline
This activity aims to develop leadership skills to plan and deliver an activity, whilst using technology

- Communication
- Problem solving
- Creativity
- ICT skills

S T T E P

This resource and supporting video have been created by:
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This series of resources and videos have been designed to give young people educational content and knowledge linked to the National Curriculum for Physical Education

Space
- Increase the size of the space you are working in (to make the activity easier)
- Decrease the size of the space you are working in (to make the task more difficult)
- When using ICT (such as cameras) – make sure you are a safe distance away from the activity to avoid any equipment being damaged

Task
- Use the technology to film the activity and provide the participants with visual feedback
- Play music to act as a timer or to increase motivation
- Can the video footage help develop tactics / strategies?
- Be creative – could you use technology to help celebrate any successes?

Equipment
- Technology – what could you use to record a game (eg smart phone, tablet, or camera)
- Use different household items (Eg. cushion, small soft toy, items of clothing) to use within your activity
- Change the size of the items – smaller items will increase difficulty, heavier items may be used for older participants – try using a ball of socks as a ball

People
- If you have another person in your house, ask them to participate with you
- Challenge a friend to complete your activity in their household
- How can you adapt this activity for more people to take part?

Learning intention

Physical:
- To develop knowledge of how using technology can support leadership of a task

Personal:
- Problem solving
- Creativity
- ICT skills

Learning questions:
- Describe how you used technology during your task?
- How did the technology help you when leading?
- If outside and the ground is wet, what H&S measures might you include?
- How did you make sure that everyone was involved in the activity?
- Create your own version of this activity and lead it to everyone in your household - then get their feedback; how would you improve the activity you delivered?

More resources
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