



Race across the River

PE Home Learning



Can you play fairly and keep the score?

Time to Learn:

- Agree a start point (one side of a big river) and a finish point (the opposite side of the river).
- Using two objects (cushions, pillows, or other flat objects) can you cross the river without touching the floor?
- You are only allowed two objects to cross the river with.
- It's a race! The winner is the first person to cross the river without falling in and touching the floor. If you do touch the floor, you have to start again.



Cross a smaller river to start with!

Once you feel confident increase the size of your river to cross.



Challenge yourself!

How many times can you cross the river back and forth in three minutes?



Place treasure in the river (toys). Each piece of treasure is worth one point. Who can score the most points?

Top Tips

Place the Pillows

- Place the pillows down on the floor. If you throw them, you may over stretch and fall in.

Let's Reflect

Who was the winner?
Why do you think they were able to win?

How did you feel when you crossed successfully?