#ThisIsPE

Rounders — Directional Batting

SECONDARY KEY STAGE 4 PE /// STRIKE/FIELD

Content outline

This activity aims to focus on refining the batting skill - and encouraging the young person hitting the ball in different directions.

- Grip
- Stance
- Follow-through
- Accuracy
- Tactics



This resource and supporting video have been created by:

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This series of resources and videos have been designed to give young people educational content and knowledge linked to the National Curriculum for Physical Education



Space

- Increase the distance from the targets (to make the task more difficult)
- Decrease the distance from the targets (to make the task easier)



Task

- target
- adapt the difficulty
- Award different points for each target to encourage aiming for targets you may find more difficult



Equipment

People

- Change size of ball
- Change the size of the targets you are aiming at (larger targets will make the task easier)

If you have another person in your

house, you can work together by

Can you create a competition /

challenge to compete against

as a target to hit to

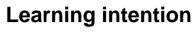
teach this skill?

someone else?

bowling the ball to each other, or act

Try to teach this skill to someone else

- can you create a different activity to



Physical:

 To refine basic batting techniques. and develop accuracy and hitting towards different directions

Personal:

Decision making



- Describe the correct technique for a batting in Rounders
- If I am a right-handed batter, which direction is my hit most likely to go towards?
- What do I need to do in order to hit the ball in different directions?
- Why is it important to bat in different directions in a game of Rounders?
- When were you most successful? And why?
- What would you do next time to improve your technique?



- Use multiple targets try to hit every
- Change the size of the targets to







